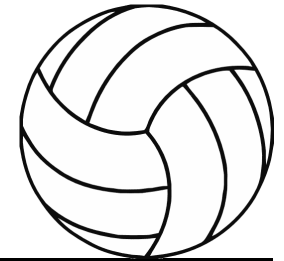


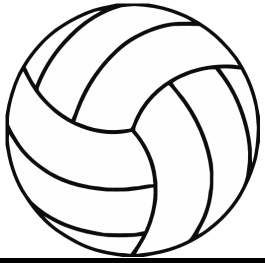
May 2018

EMHS Girls' Volleyball



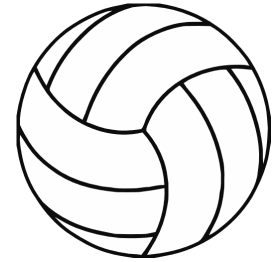
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22 Open Gym 3:00 - 5:00	23 Sport's Physicals Carilion Shawsville 4:00-6:00 \$10	24 Sport's Physicals Carilion Shawsville 4:00-6:00 \$10	25	26
27	28 <u>Memorial Day</u>	29 Open Gym 5:00 - 7:00	30	31 Open Gym 12:00 - 2:00		

Please feel free to contact Coach Rusgrove at the high school with any questions or concerns you may have about the 2018 Volleyball Season.
meghanrusgrove@mcps.org



June 2018

EMHS Girls' Volleyball



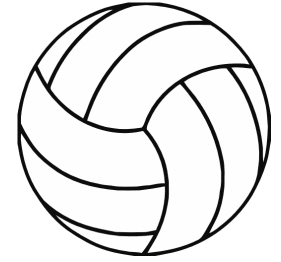
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 Open Gym 6:30 - 8:30	6	7 Open Gym 10:00 - 12:00	8	9
10	11	12 Open Gym 6:30 - 8:30	13	14 Open Gym 10:00 - 12:00	15	16
17	18	19 Open Gym 6:30 - 8:30	20	21 Open Gym 10:00 - 12:00	22	23
24	25	26 Open Gym 6:30 - 8:30	27	28 Open Gym 10:00 - 12:00	29	30

Please feel free to contact Coach Rusgrove at the high school with any questions or concerns you may have about the 2018 Volleyball Season.
 meghanrusgrove@mcps.org



July 2018

EMHS Girls' Volleyball



Sun Mon Tue Wed Thu Fri Sat

1 VHSL Dead Period	2 VHSL Dead Period	3 VHSL Dead Period	4 <u>Fourth of July</u> VHSL Dead Period	5 VHSL Dead Period	6 VHSL Dead Period	7 VHSL Dead Period
8	9	10 Open Gym 6:30 - 8:30	11	12 Open Gym 10:00 - 12:00	13	14
15	16	17 Open Gym 6:30 - 8:30	18	19 Open Gym 10:00 - 12:00	20	21
22	23	24 Open Gym 6:30 - 8:30	25	26 Open Gym 10:00 - 12:00	27	28
29	30 High School Try Outs Start	31				

Please feel free to contact Coach Rusgrove at the high school with any questions or concerns you may have about the 2018 Volleyball Season.

meghanrusgrove@mcps.org